

## INSTRUCTIONS FOR NEW PARENTS

If you are just starting at Montessori Shir Hashirim, here are some things you might like to know. And for those of you who have been with us for a while but need a refresher:

## THINGS TO PREPARE

Lunch box, not larger than the child, labeled with your child's name: many lunchboxes look similar. Our eyesight is weak so please write large and clearly.

Containers within the lunch box need to be labeled and microwave safe. We prefer glass containers.

Pack also utensils and napkins in the lunch box.

Because of allergies, and because children share, we have a nut-free policy for all families (referring to food).

Ballet shoes, with name of child, not for dancing but because they take their shoes off before entering. All colors are o.k. Ballet shoes should stay in their cubbies at school. An extra change of clothes should stay at school at all times, contained in a plastic bag. You can guess why. If you want your kids to wear masks at school, please send some extra masks in case they need a fresh one.

For kids who nap, we need a sleeping bag, packed in a plastic bag, and labeled. Sleeping bags will be sent home every Friday. Please bring them back on Monday.

Prepare a small earthquake emergency kit to stay at school at all times, with water, dry food, thermic blanket; seal food well. Food should have a shelf life of 3 years.

Your child's name should be on all items, including what they wear to school each day.

## FIRST DAYS AT SCHOOL

Please don't carry your child into the school. Walk them up to the door.

Sign in each day. If you have more than one child at the school, you must sign for each.

Please allow your child to come into the door on his or her own. We will check all kid's temperature before coming in and have them sanitize their hands. If their temperature is 100.4 they need to go home.

Please make your good-bye short. Children get anxious if the separation takes a long time. Making the physical transition quickly helps make the psychological transition less stressful.

The first days they will stay for one hour only. We will increase the time according to their adaptability to the new environment. We will discuss the schedule with you every day during the first weeks your child is in school.

Please arrive at school no later than 8:15 am. We will close the gate at that time and open back again at 10:00 am for 10 minutes only. For the pick-up, please don't come later than 2:30 pm for the half-day or 4:00 pm for the full-day.

There is a charge for picking up your child after those times, payable that day to the teachers that had to stay late.

At pick-up time, please hold your child's hand until reaching your car.

Please have your child wear clothes that are easy to manage. They should be able to take off their shoes and put them back on, by themselves. Same for the clothes they wear. Shoes and clothes need to be comfortable and appropriate for playing.

Please let us know if someone other than you will come to school to pick up. Send a note or call us with the information. Whomever it is needs to bring a driver's license or another photo ID.

Children should stay at home if they have fever, diarrhea, runny nose, nausea or are vomiting. They should remain at home with no symptoms and no fever-reducing medication for 24 hours before coming again to school.

If you wish that we assist with prescribed medication, you must complete the medical forms that are posted on our website. We are unable to assist with over-the-counter medication, this includes sunblock.

Each child needs a set of handbells for the music class. The bells need to stay at school. They can be purchased online: Combined Handbells / Deskbells RB107 8-note

## **COVID-19 PROTOCOLS**

We want to remind you that by September 1st, 2022, our school will require all students to have the COVID-19 vaccine, students will need to have proof of vaccination (all doses). Please note that our school will not be granting personal belief exemptions to this vaccine requirement or any other required vaccine.